

Responsible Company: Continental Foods Sweden AB Name, Address Scheelevägen 30, 22363 Lund, Sweden
Name and Type of Meal: Pasta Bolognese Netto weight (in g): 147g Productnumber: 7651

INFORMATION	
OFFICIAL NAME	Blå Band Outdoor Meal Pasta Bolognese
PRODUCT DESCRIPTION	dry pouch meal
COUNTRY OF ORIGIN	Belgium
HOW TO USE	Tear off the top and fold out the bottom. Add 4 dl of boiling water (level H). Stir. Re-seal, wait 10 mins. Can be prepared using cold water, extend the time to 30 mins.
STORAGE NOTICE	Dry at room temperature.

INGREDIENTS
Pasta 45% (durum wheat flour, salt), tomato, palm fat, beef 8.2%, modified potato starch, meat extract, maltodextrin, onion, salt, sugar, garlic, flavouring, parsley, spices.

NUTRITION-TABLE		
TYPICAL DATA	Per 100 g dry	per 550 g as packed and prepared
Energy	1790 kJ - 428 kcal	2631 kJ - 628 kcal
Lipids	16 g	23 g
of which saturated	9,0 g	13 g
Carbohydrates	54 g	80 g
of which sugar	9,8 g	14 g
Dietary Fiber	3,7 g	5,4 g
Protein	16 g	23 g
Salt	2,8 g	4,2 g

ALLERGENS		
ALLERGEN INGREDIENT	contains yes / no	comment
Egg	no	
Milk	no	
Fish	no	
Shellfish	no	
Clams	no	
Grain containing Gluten	yes	durum wheat
Nuts	no	
Sesame seeds	no	
Celery	no	
Mustard	no	
Soy	no	
Lupine	no	
Cashews	no	
Sulfur	no	