

# REFUEL CLEAR RECOVERY DRINK

Take your regeneration to a new level –  
with the refreshing Black Line recovery drink.



**FLAVOUR**  
Wild Cherry

## PRODUCT DESCRIPTION

Unleash your power with the Powerbar Black Line products: The Powerbar Refuel Clear Recovery Drink contains 70 g of carbohydrates (from glucose and fructose) and 20 g of protein (from whey protein isolate) per serving. This composition makes it a key ingredient for recovery after intensive training sessions and competitions.

The use of clear whey ensures a pleasantly light flavour. With its combination of carbohydrates and proteins, the refreshing Clear Recovery Drink from the Black Line is therefore an optimal choice to support recovery.

- > Contains carbohydrates: 70 g per portion
- > Carbohydrates contribute to the recovery of normal muscle function (contraction) after highly intensive and/or long-lasting physical exercise leading to muscle fatigue and the depletion of glycogen stores in skeletal muscle. \*
- > High in protein: contains 20 g protein per portion
- > Suitable for vegetarians
- > Developed for use after intense exercise
- > CherryPure® is the most concentrated tart cherry powder made of 100% Montmorency tart cherries, which are naturally rich in anthocyanins and polyphenols.

All Powerbar Black Line products are also listed on the Cologne List® and have been tested and certified by Informed Sport (LGC) for banned substances. As a result, we can offer athletes even more safety and trust.

\* The beneficial effect is obtained with the consumption of carbohydrates, from all sources, at a total intake of 4 g per kg body weight, in several portions, within the first 4 hours and no later than 6 hours, following the physical exercise.

## SUGGESTED USAGE

1 portion immediately after highly intense exercise. Max. 3 portions per day.

**Mixing instructions:** Add 1 pouch content (97 g powder  $\triangleq$  1 portion) to 400 ml of water and mix thoroughly.

As part of a varied and balanced diet and a healthy lifestyle.

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## Wild Cherry



## INGREDIENTS

Maltodextrin, fructose, whey protein isolate (**MILK**), flavourings, acid (citric acid), Montmorency tart cherry powder (0,6%), rapeseed oil, anti-foaming agent (silicon dioxide), beetroot juice powder, salt, colorant (anthocyanins).

May contain: **EGGS, SOY.**

## LEGAL DENOMINATION

Carbohydrate-protein powdered drink mix for adult athletes with tart cherry powder. Cherry flavour.

| Nutrition information | per 100 g  | per portion (97 g*) |
|-----------------------|------------|---------------------|
| Energy kJ (kcal)      | 1604 (377) | 1556 (366)          |
| Fat                   | 0 g        | 0 g                 |
| - of which saturates  | 0 g        | 0 g                 |
| Carbohydrate          | 73 g       | 70 g                |
| - of which sugars     | 30 g       | 29 g                |
| Protein               | 21 g       | 20 g                |
| Salt                  | 0,22 g     | 0,21 g              |

\*per 97 g powder in 400 ml water

## TECHNICAL INFORMATION

97 g per pouch

| Flavour     | Version code | SKU      | EAN Pouch     | EAN Box       | EAN Carton    |
|-------------|--------------|----------|---------------|---------------|---------------|
| Wild Cherry | VC01         | 24940000 | 4029679682252 | 4029679682269 | 4029679682276 |

**10 pouches per box**

Store in a cool, dry place.



### Distributor:

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